

HOPE

HELPING. OUT. PEOPLE. EARNESTLY

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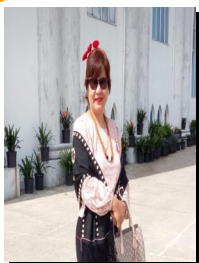
COVID19 QUARANTINE CENTRE
LIVINGSTONE FOUNDATION INTERNATIONAL
KEVIJA-Ü/THAHEKHU, DIMAPUR
Managed by Western Sümi Hoho &
Western Sümi Baptist Akukuhou Küqhakulu (WSBAK)

T U E S D A Y

e-Newsletter

VOL-1 ISSUE NO -11

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Acknowledgement

From June 1-7, 2020 under the able leadership of Mrs. Kakheli Inato Jimomi, Secretary DoWM the womenfolk and the youths of Aküvüto have taken up the responsibility to prepare both lunch and dinner and then pack them for 170 quarantined individuals. They woke up early, toiled hard in the scorching kitchen fire, working non-stop and returned home late every evening. They made sure that all those who are in LFI Q Centre are fed healthy food to strengthen their immune system. During this period, the food tasted perfectly with all the required ingredients in proper proportion.

I also would like to thank the men folk for taking care of their own homes so that mothers and children could free themselves for the service of the community.

May God bless you all.



N. Suhuto Chishi
Convener
Sümi COVID-19 Committee

QUARANTINE ETIQUETTE Ver. 1.0

"You may survive the virus but someone else may not, so stay safe and follow guidelines strictly"

Eating Etiquette

1. Do not rush, you will get your share
2. Let the Assigned Leader come and collect the food for the group

3. Do not eat in groups or share from each other's plate, maintain distance during eating time as well
4. Wash your hands thoroughly with soap and water

5. Do not throw your leftover waste here and there, collect it in a proper bin.



We care for you and we are praying for you!

COVID19

SOME DO'S & DON'TS:

Do's

1. Always use Hand Wash or Hand Sanitizer
2. Always Cover Your Mouth & Nose
3. Consult A Doctor If Sick
4. Stay Indoors
5. Maintain Social Distancing

Don'ts

1. Avoid Close Contact With Anyone
2. Do Not Spit
3. Avoid Close contacts
4. Don't Panic
5. Don't Touch Your Face, Eyes & Nose

In this time of crisis and as our world rocks, may I encourage us all to:

1. Spend time with Jesus:

Read His word. He knows if you are afraid and he cares. Look up all the verses you know and can find about fear and what He says about it. Find verses on peace and how you can find it. A good online tool would be <https://www.biblegateway.com/> which will bring up verses that can help

- Journal your prayers to Him and write down what you think he is saying. To you. He hears your prayers. He knows your thoughts. He loves you so much. He knows how many hairs are on your head. He delights in every detail of your life. Talk to Him. Express your worries to Him. What exactly are your fears? He wants you to share your heart with Him. He is not there to shame you for worrying. He is there to encourage you, help you and give you strength in the face of the storm. Ask Him what He thinks you should do about your worry. As you go through the verses, when one really touches your heart and brings you encouragement, that is God pressing it into your heart. Write it down and thank Him for that assurance.

2. Express Gratitude:

- Gratitude is a great fear buster because it shows that we are keeping our eyes on God's face, not on the fears that are constantly being fanned around us.

There are still so many things we can be thankful for especially now!

3. Love others:

- We can love others by following the correct protocols so we aren't putting people in danger:
- Wash your hands often
- Don't touch your face
- Practice social distancing
- Cough or sneeze into your sleeve or a tissue.
- Bring peace into our world in this time of fear through our peace-filled heart
- Love others by connecting. Even if we can't get together in large groups in most areas now, we still have each other in smaller get-togethers or online or on the phone. Please stay in touch with each other even in the midst of all of this, in whatever way is workable in your situation. We need each other!

Ask God to show you ways you can be loving.

4. Pray for each other!

You can manage out a time each day so that you can continue never giving up on praying for each other. There may also be a video conference prayer time set up by the global office so watch for news or check some website on that.

Isaiah 41:10 New Living Translation (NLT)

"Don't be afraid, for I am with you.

Don't be discouraged, for I am your God.

I will strengthen you and help you.

I will hold you up with my victorious right hand."

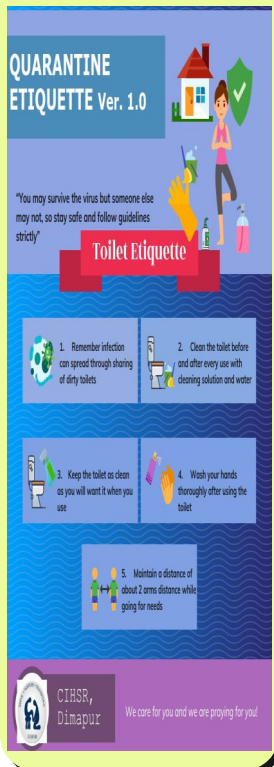
In prayer together with you,

Moreen Sharp

Interim Executive Director,

BAPTIST WORLD ALLIANCE WOMEN

(Internet source: <https://www.bwawd.org/covid-19>)





NAMDINGAULE ZELIANG
Room no. 13, Bed no. 109
(On behalf of Peren district returnees at LFI Q - centre Dimapur)

A BIG THANK YOU!

LIVINGSTONE FOUNDATION INTERNATIONAL QUARANTINE CENTRE, DIMAPUR is a place where every returnee would love to stay. The hospitality is overwhelming and we are touched beyond words for all your love and kindness as true believers in CHRIST.

I take this opportunity to thank especially;

1. Western Sümi Hoho (WSH) and Western Sümi Baptist Akukuhou Küqhakulu.
2. Church workers and believers from various Sümi churches who would come every day and preach the word of God.
3. Volunteers and staffs for tirelessly working leaving their families back at home.
4. Volunteers and cooks for tirelessly making food during this hot weather so that we can have a comfortable stay.
5. Well-wishers and generous givers who bless us in many ways.

Our lives are impacted so profoundly so that not even the fear of COVID-19 will hold us back from reaching out and helping other in need. We have nothing to give you back in return but it is our humble prayer that our Almighty God will bless you all richly and abundantly.

A BIG THANK YOU!

List of Inmates at Q centre LFI

Total No: 155 (Female only)

Dimapur District: Sumi - 37, Ao - 7.
Lotha - 6, Angami - 2, Yimchunger - 2, Phom - 3, Bengali - 2, Chang - 1,
Konyak - 1, Kuki - 1, Rongmei - 1, Garo - 1, Bihari - 1, Nepali - 2.

Peren District: Zeliang -74

Mon District: Konyak - 15. (among the inmates there are two infant one is 4 months and the other is 1 years old).

Shops and Market



Be careful and Be safe.
India has the habit of losing in FINALS

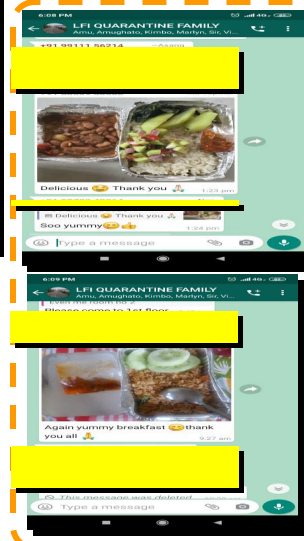
Breakfast was Prepared by Thahekhu STH Block - 7



Today's Catering was done by Food Committee



Responses from inmates



Grand Salute



Mr. Suhuto Swu Mr. Ashah Phom

The LFI Q - centre is bless to have Mr. Suhuto Swu age 19, and Mr. Ashah Phom age 20, as Security Guards from I Watch Agency who are on appointed duty at LFI. These two smart guys are 24/7 available at Q - centre , helping the volunteers in all the works. In order to help the Govt. the Q - centre at LFI did not accept any security personnel offered by the District admin. However, these two young lads has given their utmost service in terms of security and in other areas as well, they deserves a higher promotion for their dedication and commitment to the call of duty and act of bravery in such a pandemic situation. The Management Committee of LFI Q - centre applauds and express a grand appreciation and salute for their immense services rendered.

- LFI Q - Centre Management Committee



Mr.Domel Phutolu Achumi of Thahekhu Village donated 2(two) cartons of Mosquito coils.

Farewell Program



Speaker - Rev. Dr. Phugphoto Sema



Special No. by Mr. Hojevi Kappo Secy. DoCMM - WSBK



Shri Niholu Ayemi graciously donated the most needed and useful AUTO-MATIC Touch free hand sanitizer dispenser



Worship led by WSBK - ES & Staffs



LET'S ACT JUSTLY

BE KIND

AND WALK HUMBLLY.
VILIVI AYE
AKUVUTO YOUTH.

HELPLINE NUMBERS:

For General Help:

Medical Quick Response Team (QRT): 07630877983/06009920884/03862-227006.

Reception: 7005352003; 9436004409; 8837207330

Organiser's: 8787581778/9402832881; 8119960737

For Personal Online Counselling: 6009099799 (Female), 8730028488 (F), 8415867373 (F), 8794588394 (F), 7005575202 (Male), 7005837100 (M)

Soliciting your cooperation